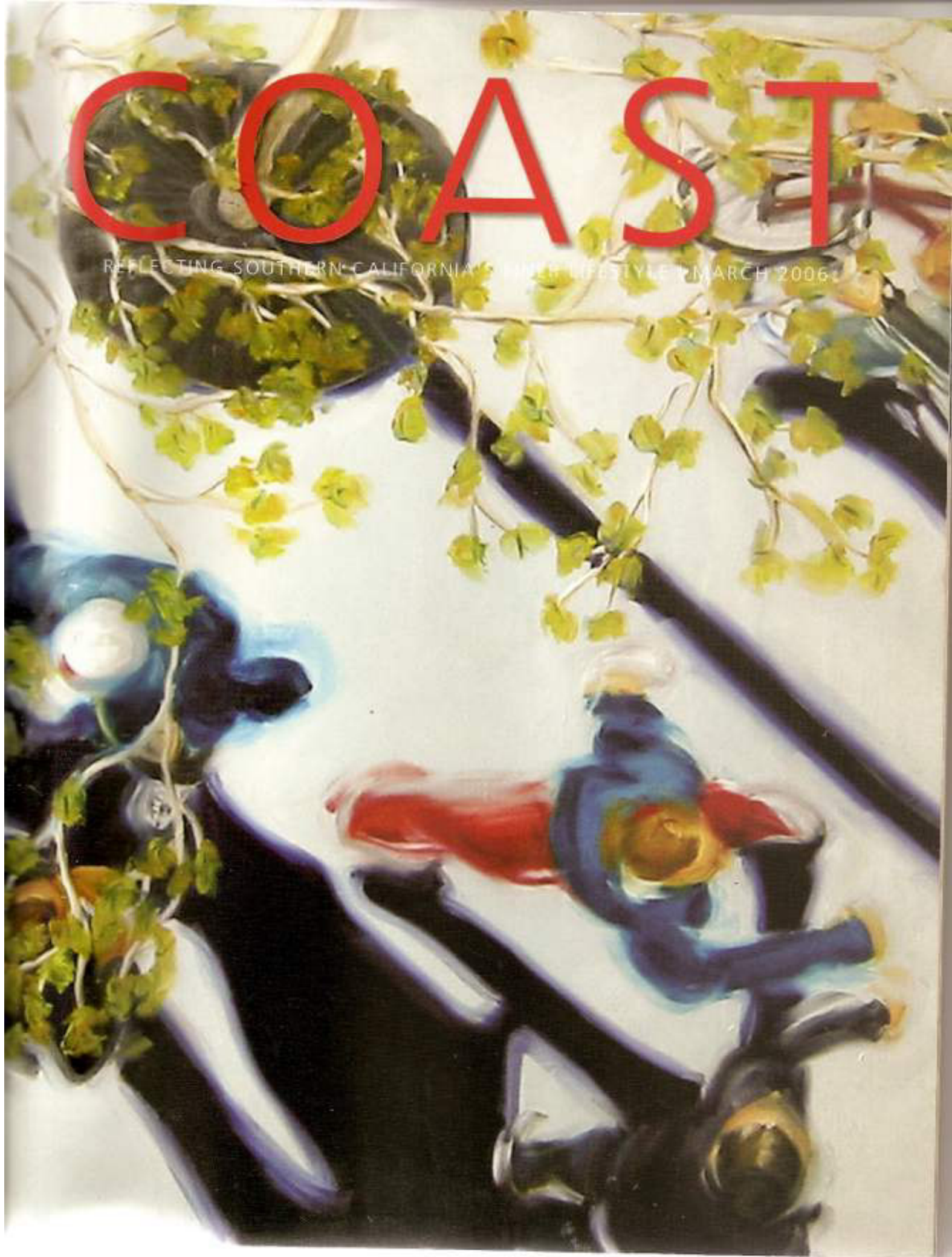


COAST

REFLECTING SOUTHERN CALIFORNIA'S LIFESTYLE MARCH 2006



Workin'

Although we didn't catch the butcher, the baker or the candlestick maker, these odd and interesting jobs prove that it's great working in the OC.

BALLOONS GONE WILD

They're young, fun, and good with their hands. But these guys aren't your typical entertainers. They're the balloon guys at the Rainforest Café. Bryce Anderson and Nolan Kim are two of the most experienced balloon twisters at South Coast Plaza. They honed their craft by studying under the great Nater-the-Inflator who mentored Anderson three years ago. "Well, it's a fun job to have during college," Anderson says. "Learning was hard," Kim chuckles. "It takes about a month to learn everything and to get up to a good speed." And speed is one thing that these balloon guys have down pat. Within a matter of minutes, Kim and Anderson

Nolan Kim, left and Bryce Anderson



Marcy Sauter holding baby Campbell with his mom, Cathy.



Sauter is calm, gentle, organized and above all a new mother's best friend. As a postpartum doula, Sauter helps families optimize the time spent with their babies.

THE MOMSAVER

On the stove sits a bubbling concoction of water and heated milk. Marcy Sauter, a postpartum doula, is busy preparing oatmeal. It's not for her though. It's for Cathy Campbell, a second time mom who not only has a newborn baby to care for but an active two-year-old as well. "A doula has to make sure that the mom is eating. So, I'll prepare light meals for the mother. It's important because she's breast feeding," says Sauter. Luckily, the two-year-old is at preschool today. This will give Campbell and Sauter some time to sit back and relax a little. Who are we kidding? From the moment Sauter steps into the Campbell home, she is on her feet. While Campbell nurses the newborn on the living room couch, Sauter runs out and does the baby's laundry. "I try to help as much as I can. It's important for the family to connect with the new baby as much as possible. If that means I have to do a few errands then that's okay with me," Sauter says.

Sauter is calm, gentle, organized and above all a new mother's best friend. As a postpartum doula, Sauter helps families optimize the time spent with their babies. She's a non-judgmental listener to the mom, and helps everyone else adjust to the new bundle of joy. Sauter began her career 10 years ago consoling stressed-out new mothers from her church. "A group of us would get together and prepare meals and help out the families. So, I guess I was a doula even before I knew what a doula was," she says. It wasn't until recently that she began to do this professionally.

"Marcy, do you mind holding Max while I jump in the shower?" Cathy asks. "Of course not! This is my favorite part of the job," Sauter says. "I love

holding the baby. There's just so much potential when you look at these little guys. What can I say, I'm just a mother through and through."

For more information, visit www.DONA.org or contact Marcy Sauter at www.RestAssuredDoulas.com.